# SWEET SUPPORT FOR INCURABLE BREAST CANCER

















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## At Sweet Louise, our mission is to help improve the quality of life for those in Aotearoa living with incurable breast cancer.

We are extremely proud of what has been achieved in 2018 / 2019 and how we are fulfilling the mission of Sweet Louise.

Our membership increased 13% overall this year, compared with the previous financial year. As at the end of March 2019, we had 670 members throughout the country. However, this one number does not tell the full story. During the year we gained 281 new members, and lost 205. Most significantly, the growth in our membership came from the Northland, Auckland and Waikato regions. We are pleased to be supporting more members and that 95% of our members believe that Sweet Louise is making a positive difference to their lives.

Holding member meetings is a core part of our service. This year we hosted 279 meetings in different centres and regions, an increase of 38% on the previous year's total. These meetings provide invaluable peer support and a very personal connection for members throughout the country. As always, we could not provide the services and assistance to our members without the generous support of our Trustees, corporate partners and sponsors.

Our thanks in particular to the Southern Cross Health Trust and Sovereign, our key corporate sponsors for the 2019 year. Our grant funding also plays a very significant role in operational funding and we thank all the trusts and foundations who support us so generously. We would also like to acknowledge all of our supporters, volunteers and donors who contributed to Sweet Louise during the year.

And finally, again the Sweet Louise team humbled us with their compassion, care, and sheer hard work.

We are truly grateful to you all for your ongoing commitment to, and support of, Sweet Louise.



Scott Perkins CHAIRMAN



Philippa Reed CEO

## Louise Mission

Sweet Louise helps to improve the lives of everyone in Aotearoa living with incurable breast cancer. Sweet Louise is the only charitable organisation in New Zealand dedicated to supporting women and men living with incurable breast cancer.

#### **Our Values**

COMPASSION CONNECTION COURAGE CREDIBILITY



#### How we help

Sweet Louise provides a range of services to support women and men living with incurable breast cancer:



#### MEMBER MEETINGS



Our meetings, held at locations throughout the country, provide members with peer support and opportunities to connect with other members.



#### SUPPORT COORDINATORS

Our Support Coordinators, who have varied health professional backgrounds, provide face-to-face and phone support to our members.



#### SERVICE VOUCHERS

We provide members with \$500 of vouchers annually that can be redeemed for a range of services, complementary therapies and practical support that helps to improve quality of life.



#### INFORMATION

We support members with information on complementary and practical services available through us or other providers and agencies.



#### -ADVOCACY

We advocate for improvements in treatment, services and funding for medicines for people with incurable breast cancer.



#### REFERRALS

We provide referrals to other social services and agencies where appropriate.





**279** \( \tilde{\cappa} \) MEMBER MEETINGS

DECEASED IN ONE YEAR



SWEET

SUPPORT FOR
INCURABLE
BREAST CANCER

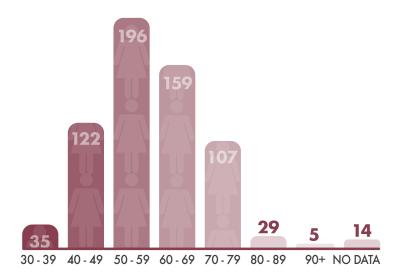
AVERAGE LENGTH OF MEMBERSHIP

**VOLUNTEER HOURS** 

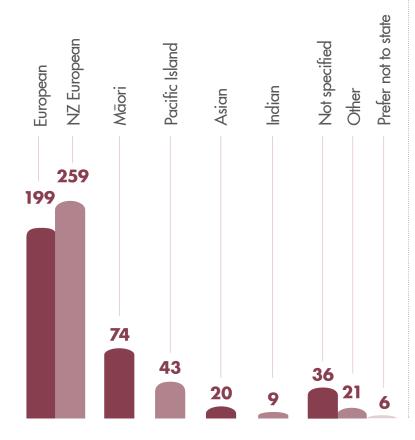
OF MEMBERS VALUE THE CONNECTION WITH OUR SUPPORT COORDINATORS



#### MEMBERS **AGE RANGE** AS OF MARCH 2019



## MEMBERS **BY ETHNICITY** AS OF MARCH 2019



### FROM **MEMBER SURVEY:**



#### SUPPORT CONNECTION



How valuable is the connection with the Support Coordinators for you?

#### **VOUCHERS**



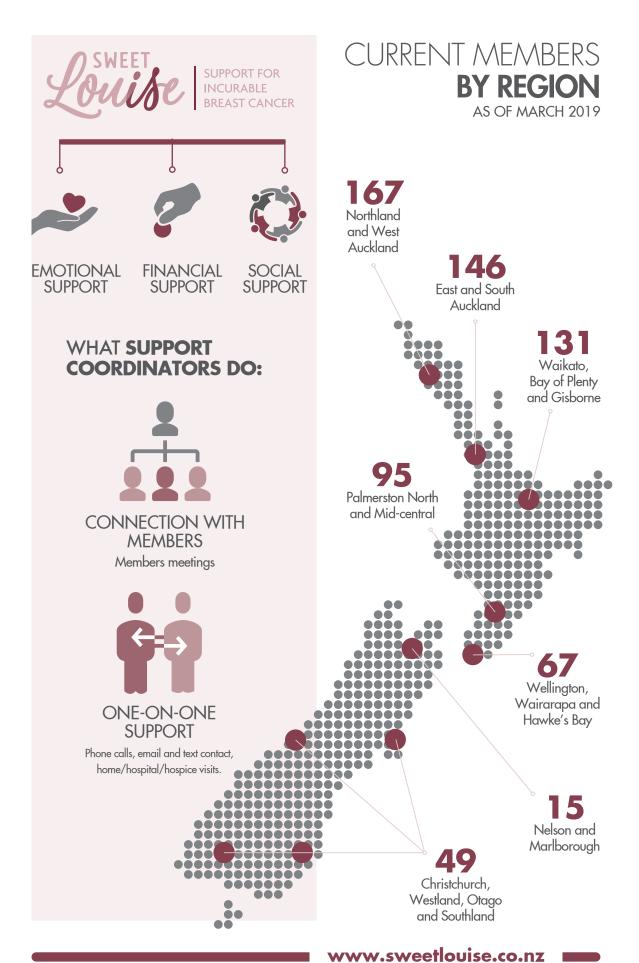
Please explain how valuable the vouchers are to you?

## MEMBER HOUSEHOLD INCOME

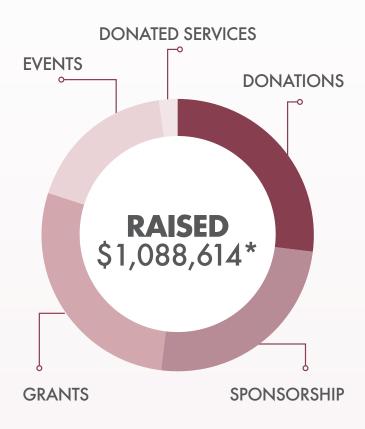


Household income under \$60K

Household income over \$60K



#### In 2018 / 2019 Sweet Louise raised:



#### \$294,272

#### **DONATIONS**

Includes: regular givers, bequests, major donors, appeal letters and online donations.

#### \$274,851

#### **SPONSORSHIP**

Support from generous corporates and businesses.

#### \$307,620

#### **GRANTS**

Trusts and Foundations.

\$194,372

#### **EVENTS**

Fundraising and community events.

#### \$17,500

### DONATED SERVICES

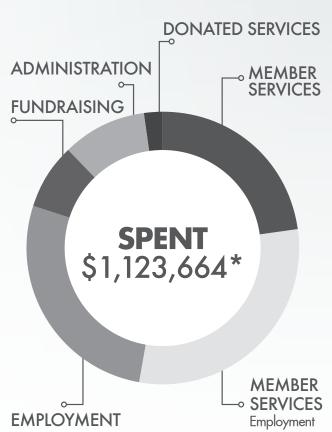
Audit and accounting services

#### \$1,088,614\*

#### **TOTAL RAISED**

\*rounded to the nearest dollar

#### In 2018/19 Sweet Louise spent:



#### \$262,223

#### MEMBER SERVICES

Psychosocial support, member meetings, home visits, financial support family outings, travel.

\$338,690

#### MEMBER

**SERVICES** 

Employment.

\$299,793

#### **EMPLOYMENT**

Fundraising and operations.

#### \$87,554

#### **FUNDRAISING**

Costs associated with events, appeals, acquisition, printing, postage.

\$117,904

#### **ADMINISTRATION**

Includes office rent and outgoings, telephone, internet.

\$17,500

## DONATED SERVICES

Audit and accounting services.

\$1,123,664\*

#### **TOTAL SPENT**

\*rounded to the nearest dollar

















## A Portrait Series of Strength

During the year, Auckland photographer Nick Marsh produced a portrait series of our members. Thank you to the inspiring women who shared their stories of living life with advanced breast cancer and to Nick for creating such beautiful imagery. We have been able to include these photos and stories in our publications throughout the year and on our website as the real faces and stories of Sweet Louise.

#### Sue

"We so often say 'one day,' but now is the time to do it. Your focus changes. It's now about spending quality time with people you love. My primary diagnosis was my first wake up call. At fifty I learned to ride a Harley Davidson. I still have a lot to do, but now I don't put things off to another day, because one day may not happen".

#### Sarah-Jane

"We can't let our cancer define us. If we do, it will rob our life and place in it. We have to live life to the fullest. Thanks to Sweet Louise and the support they give me, my journey can still be exciting."

#### Mailene

"After a Sweet Louise catch up, I leave feeling uplifted. They give me a boost to continue walking through life with strength and positivity, especially in my role of Mum to my two young boys."

#### **Ainette**

"Having advanced breast cancer is really scary.
Being a part of Sweet Louise though has given me
the hope and confidence I need to assure my family
and myself that I am not alone on this journey. I'm
actually surrounded by love."

#### Jenny

"Sweet Louise is all about positivity. When you are faced with the diagnosis of incurable breast cancer, this is so important. Your life changes forever, but that positivity is what we need to hold on to."

#### Lyn

"The Sweet Louise group is so warm and generous, I have loved making new friends and being with those in the same situation as me."

#### Raewyn

"No one wants to see the gritty side of cancer. It is upsetting. So here I am, trying to juggle my real life with one people want to hear about. That's why Sweet Louise is an essential resource. They are here for us no matter what."

#### **Gaylene**

"People have no idea that some of us have incurable breast cancer because we try and get back to the people we were before. We are strong fighters and often don't show how hard it is."

#### Lynda

"With the help of Sweet Louise, I have found a way to navigate this cancer and live with it as best I can. Of course it has taken a huge emotional and financial toll, but I am here, and I am coping."

## Member events

During 2018 / 2019, we held 279 meetings and events throughout the country for our members. These gatherings, which offer support and an opportunity for members to connect with those in a similar situation, are very much valued.

Sweet Louise would like to acknowledge our volunteers and supporters who helped make these events possible.







"I feel cared for, spoilt, cherished. It is nice to spend time with people who get it, even though we don't talk about cancer most of the time."

SWEET LOUISE MEMBER.















## **Highlights from 2018 / 2019**

The fundraisers we organise and the promotions we are part of are essential in helping us to provide services and support to our members. The Gibbs Farm Sculpture Trail, the Auckland and Rotorua marathons, the Z Good in the Hood promotion and our Business Series were among the many highlights of 2018 / 2019 that provided fun, interest, inspiration, challenge and more.

We would also like to thank the Manurewa Cosmopolitan Club, Taylor House at King's College, Show and Shine, Minx Accessories, Macquarie Financial, friends and family of Caroline Horton, Luella Plimmer and everyone, both organisations and individuals, who supported us during Sweet October.

#### Our March fundraiser at the spectacular Gibbs Farm was our most successful event of the year, raising more than \$70,000. Owned by Alan Gibbs, the private sculpture park contains the leading collection of large-scale outdoor sculptures in New Zealand as well as animals including alpacas, emus, bison, zebras and giraffes. Our thanks to caterers Cafe2U, Dr Feel Good, Bird on a Wire and Hello Delicious Catering for providing food for the day. Also, to those who came along in support of Sweet Louise. Lastly, our thanks to wonderful Gibbs Farm staff who helped us on the day, and of course, to the



#### Going the distance – Auckland and Rotorua marathons

We would like to thank all of those people who walked or Special thanks to Tracy Barr-Smith, a Sweet Louise member, who walked the 5km in the Auckland Marathon.

for our organisation. We applaud their tremendous effort in support.

#### **Z** Good in the Hood

We were fortunate to be chosen to be part of Z Good in the Hood and to receive a \$13,971 donation following the promotion in May 2018. Through this promotion, Z customers

vote for community groups to receive a share of funding that is set aside for community organisations and projects.

Our thanks to those who voted for us, those who helped us raise awareness and the following Z stations:

#### **NORTHLAND** HAWKE'S BAY WELLINGTON

**AUCKLAND** 

Kamo

- Kepa Road
- Sylvia Park
- Glen Innes
- Skyway
- Takanini
- Avondale
- Green Bay
- Massey North
- Warkworth

#### VIC Corner Lower

Hutt

Broadway

- Taradale **CHRISTCHURCH**
- Shirley **PALMÉRSTON**
- **NORTH** Terrace End
- **TAURANGA** • 15th Avenue

#### Business Series 2018 / 2019

Our Business Series events raised \$40,000 for Sweet Louise. At the two events, attendees heard views and insights from some of New Zealand's foremost business leaders on Strategies for Sustainability: Doing more to beat the Odds in June, and on The Future of Work -Incorporating EQ & CQ into AI in October 2018. Our thanks to Andrew Grant and McKinsey & Company for sponsoring this event and to the following speakers who gave

- Dame Therese Walsh, Chair, TVNZ
- Sam Stubbs, Director of Kiwisaver, Simplicity
- Jodie King, Chief People Officer, Air New Zealand
- Andrew Grant, Global Partner, McKinsey & Company
  June McCabe, Director,
- Sustainable Prosperity
- Sir Stephen Tindall, Founder, The Warehouse Group and The Tindall Foundation
- Aroha Armstrong, Group Manager Māori Economy, Callaghan Innovation
- Justine Munro, Co-Founder and Director, 21C Skills Lab
- Scott Perkins, Chairman Sweet Louise who MCed our









## Our amazing supporters

Sweet Louise would like to thank all of the amazing supporters who gave their time and energy to undertake innovative fundraising initiatives – including best friends Joshua Lewthwaite and Ollie Such

In February 2019, Joshua and Ollie completed a non-stop 100km walk around the Auckland region to raise funds for Sweet Louise and Gifts for Kids. The pair decided to take up the challenge as Joshua's mother is a member of Sweet Louise. They completed the walk with no training in 23 hours and 40 minutes, raising more than \$6,000 in donations.

From their fabulous effort, we received a donation of \$3,000. Thank you so much Joshua and Ollie!



## Our amazing volunteers – Stella

We are lucky to have more than 50 volunteers throughout the country who support us in so many ways, from driving members to meetings and assisting with general administration through to helping us run events.

us run events.

Stella is one of our valued volunteers who has been coming into the Auckland Sweet Louise office fortnightly for more than five years. Stella turns her hand to any administrative task and the treats she bakes and brings to the office always brighten our day, as does her sunny personality.

# thank

is extremely grateful to all of our supporters for their continued ongoing generosity. Your support enables us to achieve so many things for our members that would otherwise not be possible.

PRINCIPAL SPONSORS



#### SOVEREIGN

**SPONSORS** 





















We also enjoy very generous support from donors throughout New Zealand, many of whom prefer to remain anonymous.



Thank you to the following trusts and foundations who supported us during 2018 / 2019.

who supported as during 2016 / 2017.
The Kingdom Foundation
ANZ Staff Foundation
Blue Waters Community Trust
Bluesky Community Trust
Christchurch Airport Community Fund
Community Organisations Grants Scheme (COGS)
Auckland City
Hutt Valley
Kahungunu ki Heretaunga
Manukau
North Taranaki
Papakura/Franklin
Rodney/North Shore
·
Rotorua Tamatea/Tamaki-nui-a-rua
·
Tauranga Moana
Waikato South
Wairarapa
Waitakere
Wellington
Whanganui/Rangitikei
Whangarei/Kaipara
Whitireia
Estate of Gordon Lindsay Isaacs
First Sovereign Trust
Four Winds Foundation
Grassroots Trust
Helen Graham Charitable Trust
Hugh Green Foundation
JBS Dudding Trust
Lion Foundation
Lottery Grants Board
Louisa and Patrick Emmett Murphy
LW Nelson Trust Charitable Trust
Margaret and Huia Clarke Trust
Maurice Paykel Charitable Trust
Mount Wellington Foundation
New Zealand Community Trust
Pelorus Trust
Pub Charity
Rotorua Energy Trust
Southern Trust
Strathlachlan Fund
Ted and Mollie Carr
The Frimley Foundation
Thomas George Macarthy Trust
Tindall Foundation
Trust House
Trust Waikato
Trusts Community Foundation
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Z Good in the Hood



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