

Little People,  
Big Questions

# Background

- Paediatric oncology
- Sibling research
- Paediatric palliative care
- Personal experience

# Age matters

- Babies and toddlers
- School age children
- Adolescents

- Today and tomorrow
- Misinterpreting information
- Mirror maze
- Truth telling



# Teenagers

- Want to be like everyone else
- Self conscious
- Want to be good
- Struggle to verbalise emotion



# What is normal?

- Children do react to stress around them
- Sustained behavioural changes
- Are adults behaving normally?

# How can we help?

- Routines
- Having a job/role
- Questions and going back
- Changing understanding over time
- Making memories

- Communicate with schools
- Strategies to deal with questions
- Buddy
- Life skills



# Resources

- Seasons programmes
- Grief Centre
- Kenzie's gift
- Skylight